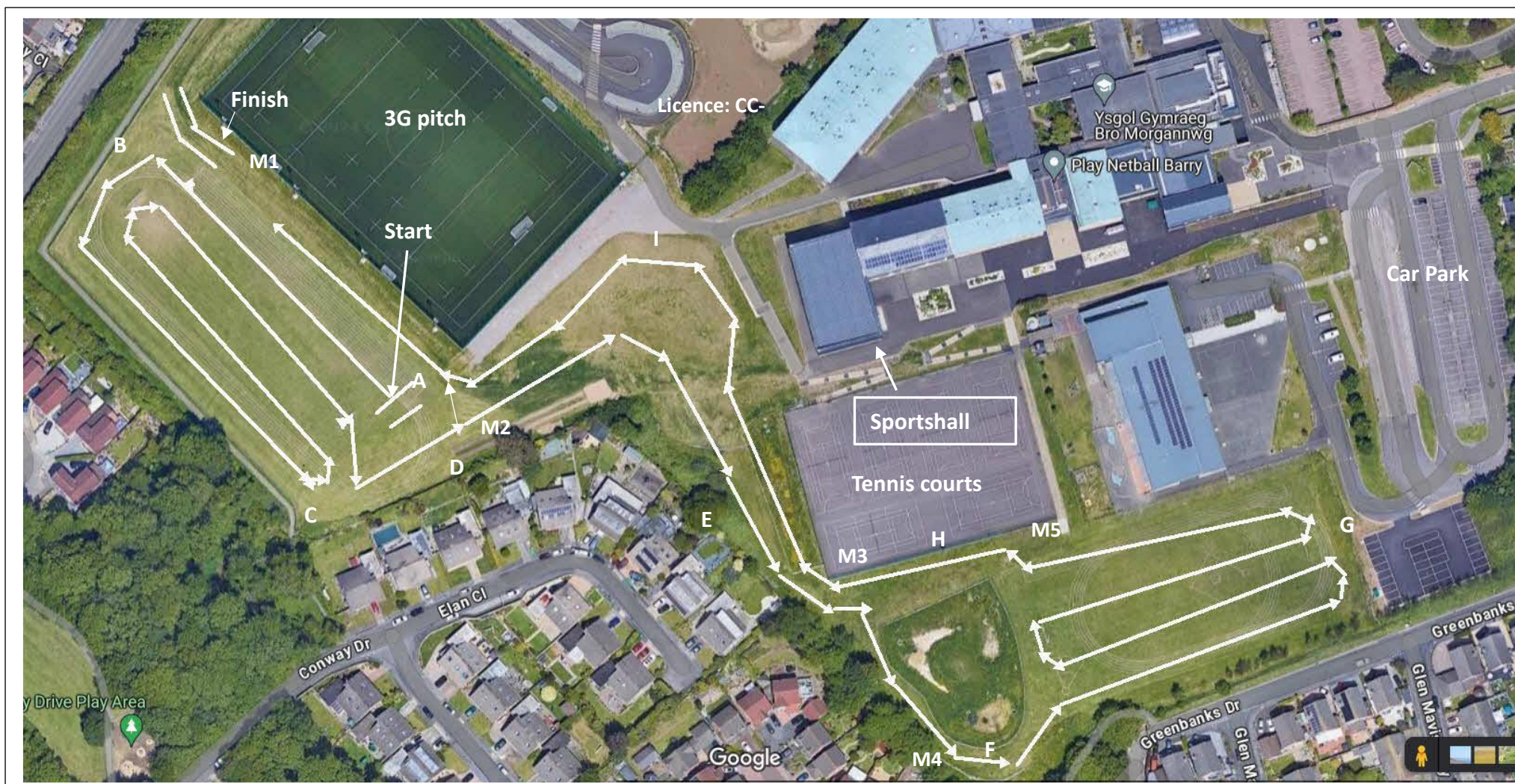


Cardiff & the Vale of Glamorgan Schools Athletics Association

Course Map for Girls' League 2 on Tuesday, October 13th, 2026 at YG Bro Morgannwg, Colcot Road, Barry CF62 8YU



Small lap = ABCDA = 500 metres; Big lap = ABCDEFGHIA = 1500 metres; A to the Finish = 100 metres

Timing and Courses for Girls' League 2 on Tuesday, October 13th, 2026

4.30 pm	Race 1	U16 Girls (years 9 & 10)	2 Big Laps from the start = 3100 metres
	Race 2	U14 Girls (years 7 & 8)	1 Small Lap + 1 big lap = 2100 metres
	Race 3	U20&U18 Girls (years 11+)	1 Small Lap + 2 Big Laps = 3600 metres